

Tarifa, Spain

Pilates Retreat

14th—20th September 2024



Delightful Details

- Arrival on 14th September 2024
- 3 varied classes per day
- Welcome pack and personalised gift
- Beautiful breakfast served every morning
- Pre dinner drinks
- Catered evening meal 5 evenings out of 6 served with wine
- 6 nights accommodation in a stunning luxury villa with two pools
- Free time to explore the local area and relax with friends
- Opportunity to take part in group excursions



Location Location Location

The Villa is within a 10 minute walk of the popular Valdevaqueros beach and just 15 minutes from the old town.

Tarifa is a uniquely cosmopolitan town, historically and geographically significant as Mainland Europe's southern most point, where the Mediterranean meets the Atlantic.

World renowned for the quality of its Tuna, it offers an abundance of high-quality fresh fish, local vegetables and fruits.





Accommodating Accommodation

Villa La Pena

A stunning picturesque villa in the La Pena area of Tarifa, nestled between mountain and sea with panoramic views over miles of sandy beaches and the Straits of Gibraltar.

Villa La Pena is one of the finest villas in all of Tarifa. The property boasts extensive terraces and gardens along with indoor and outdoor swimming pools. You will find A/C in all bedrooms for your comfort and plenty of areas to relax and unwind between classes.





Food Glorious Food



The locally sourced, seasonal food will be the perfect compliment to the Pilates classes we do.

Fresh Breakfast and dinner will be provided each day with the exception of one evening where we will have an opportunity to * dine out at a nearby restaurant in the Old Town. Pre dinner drinks will be available to enjoy each evening along with wine at dinner.

There will also be fresh fruit, tea and coffee available.

*dining out at extra cost

Retreat Package Price

£1,500 incl tax per person *(Flights not Included)*

£250 deposit to secure your place & balance due 90 days prior to the start of the retreat

Monthly Payment plans available upon request



The boring bit...

Flights

Flights to and from Gibraltar are the best option and recommendations on which flight is most suitable can be given. Gibraltar airport is an approximate 40 mins drive.

Alternative airports with driving times approximate are: Malaga 1h 45m, Jerez 1h 15m, Seville 1h 45m.

Transfers can be arranged as a group at an extra cost.

Payment Schedule

£250 non-refundable deposit when booking

12 x month instalments of £104.17 commencing 16th June 2023

Final payment paid by 16th June 2024 (90 days prior)

Cancellation Policy

£250 Deposit is non-refundable

Cancellation up to 90 days prior to the retreat—If we are able to fill your spot on the retreat, we will refund you all money paid minus your £250 deposit.

Cancellation after 90 days prior—Unfortunately we are not able to automatically offer you a refund however; if you have a friend or family member that can take your place, we will consider transferring 100% of money over to their booking but this cannot be guaranteed. Both parties will need to request in writing.

If the retreat is cancelled due to circumstances out of our control such as a Pandemic, we will offer to transfer to the next years date or offer you a full refund minus the deposit once we have resold your space in the next retreat.

*** We recommend you arrange your own travel insurance which also covers a cancellation due to a pandemic.**

